

# Living in the Spirit

Week of May 29 - June 5, 2016

## Sunday, May 29<sup>th</sup>

- 8:30 am Holy Eucharist, Rite II, Rev. Mary Bea Sullivan, celebrant & preacher  
Rev. Malcolm Marler, assisting priest
- 9:30 am Coffee Hour, parish hall
- 10:30 am Holy Eucharist, Rite II, Rev. Mary Bea Sullivan, celebrant & preacher  
Rev. Malcolm Marler, assisting priest

## Sunday, June 5<sup>th</sup>

- 8:30 am Holy Eucharist, Rite II, Rev. Mary Bea Sullivan, celebrant & preacher
- 9:30 am Coffee Hour, parish hall
- 10:30 am Holy Eucharist with Thanksgiving for the adoption of DJ Leonard,  
Rev. Mary Bea Sullivan, celebrant & preacher
- 11:45 am Adoption Celebration with Leonard Family
- 12:00 pm Stock the Freezer, meal-making gathering

## *Dear Holy Spirit Family,*

In his book *Sabbath Walk*, Wayne Muller writes, "Sabbath time can be a revolutionary challenge to the violence of overwork, mindless accumulation, and the endless multiplication of desires, responsibilities, and accomplishments. **Sabbath is a way of being in time where we remember who we are, remember what we know, and taste the gifts of spirit and eternity.** Like a path through the forest, Sabbath creates a marker for ourselves so, if we are lost, we can find our way back to our center. 'Remember the Sabbath' means 'Remember that everything you have received is a blessing. Remember to delight in your life, in the fruits of your labor. Remember to stop and offer thanks for the wonder of it.' *Remember*, as if we would forget. Indeed the assumption is that we will forget."

Malcolm and I recently had a fabulous two-week vacation. It felt like hitting the "reset" button as we were reminded of how we can too easily make ourselves slaves to technology and work. Upon returning, I feel more creative and energized. I pray this for you too. As we embark upon the season of summer, I hope you have time set aside to remember who you are—God's beloved. At Holy Spirit, we are giving the choir a break for June and July. These talented volunteers practice and sing every week, beautifully leading our worship. We will also suspend the regular 9:30 Adult Forums and Atria for the children.

Summer also offers the opportunity to engage in new ways. We will provide space, supervision, and books for children coming here to receive free lunches Mon-Thurs, 11-noon. We will transform the parish hall into Hogwarts for our inter-generational Harry Potter VBS. We will embark upon our First Annual Taste of the Spirit Fundraiser! At the end of the summer, we will enter into our first Go Speak conversation as a way to deeply share our spiritual lives. I look forward to worshipping with you this summer. Feel free to bring your children's sleepover buddies, try out the early service before heading to the lake. Yes, we will be taking rest from certain activities, and we will be worshipping and gathering throughout the summer because God is with us in all things, at all times.

If you would like support in creating Sabbath time in your life, your summer, I would love to engage in that conversation with you. Please call or email and we can set aside time together.

Yours in Christ,  
Mary Bea+

## Save the Date

Sat, June 11 <sup>th</sup>	Adult Crucifer Training at 9:00 am
Sun, June 19 <sup>th</sup>	VBS – Wizards & Wonders (Sundays – 6/26, 7/3, 7/10, 7/17)
Sat, June 25 <sup>th</sup>	Pork Barbeque Sale
Sat, July 23 <sup>rd</sup>	Taste of the Spirit, Auction, <i>Three on a String</i> , & Fundraising Dinner
Sun, July 31 <sup>st</sup>	EYC Sunday
Sun, Nov 13 <sup>th</sup>	Confirmation & Bishop's Visit

## Volunteer Spot

Are you feeling overwhelmed with all the beautiful opportunities ECOHS has to offer for us to be the hands and feet of Christ? GOOD NEWS! We have one spot you can go to sign up for anything! Check out this new page on our website: <http://holyspirit-al.org/volunteer-spot/>  
Let Mandy Golightly, [mmgolightly@gmail.com](mailto:mmgolightly@gmail.com), know if your ministry has a sign up you would like added.

## Weekly & Monthly Reminders

Centering Prayer	June 6th	5:00 pm	Nave
Prayer Shawl Ministry	June 11th	9:00 am	Nave
Vestry Meeting	June 12th	11:45 am	Parish Hall
Women's Circle	June 14th	6:30 pm	Nave
Bunco	June 16th	6:30 pm	Parish Hall
Pack for Beans & Rice	June 17th	9:00 am	Parish Hall
Beans & Rice	June 18th	9:00 am	Narthex
HS 101	June 19th	11:45 am	Rector's Office
Daughters of the King	June 19th	11:45 am	Parish Hall

## Church Happenings

### **Taste of the Spirit, Saturday, July 23<sup>rd</sup>**

Our big fundraiser for the year, Taste of the Spirit, will be here before we know it!

Mark your calendar for **5:30 pm July 23<sup>rd</sup>** for a night of good food, good music, silent auction, and the launch of our very first cookbook!

It is time to get **volunteers** signed up and ready. We have lots of opportunities to help out. Do you have very little time? Or a lot of time? It doesn't matter...we have areas of volunteering for all types of schedules. Contact Allyson Agee for more information, [allyagee@bellsouth.net](mailto:allyagee@bellsouth.net).

Don't forget to be talking it up to friends and neighbors to buy cookbooks and/or come to the event.

Go to <http://holyspirit-al.org/hs-store/>  
to purchase tickets, \$25/each or \$40/pair.

### **Summer Feeding Program**

We have a wonderful opportunity to help children in our community! We are looking for friendly faces to help host! Please consider donating your time from 10:45 – 12:15 any day Monday through Thursday in June. Volunteers will help with giving out food, reading, coloring, or playing soccer with our guests. Contact Toni, [toni.nash@aol.com](mailto:toni.nash@aol.com) with any questions and sign up at <http://holyspirit-al.org/volunteer-spot/>.

### **School of Wizards & Wonders**

It will be a magical summer at Holy Spirit! For five Sundays we will **ALL** enter the school of Wizards & Wonders with our headmistress, Mrs. Julia.

**Don't miss the train to Hogwarts June 19, 26 and July 3, 10, 17 at 9:30 am.**

Can you help by donating supplies for our summer adventure? We need...

**LOTS** of empty paper towel rolls!!

Big pretzel rods

Small pretzel sticks

String cheese

Jelly Beans

Small Reece's cups

Sprinkles

### **Stock the Freezer! – Sunday, June 5<sup>th</sup> at noon**

Come help fill a need and get some fellowship at the same time! Sunday, June 5th following the 10:30am service we will follow several different recipes to make meals to freeze and have on stand-by for a family in need. You can participate by donating ingredients and/or helping cook that day. Feel free to bring a snack to share that day while we visit and cook. Contact Allyson Agee, allyagee@bellsouth.net or Sharon Greer, greersaf@gmail.com with any questions or for more details.

### **Show your love of Holy Spirit everywhere you go**

You can now purchase your own Holy Spirit t-shirt in our online store. We have adult and youth sizes available in a variety of colors. You can order yours through our store by going to [holyspirit-al.org/hs-store](http://holyspirit-al.org/hs-store) or completing an order form found in the narthex.

### **Adult Crucifer Training June 11th at 9 am**

Are you jealous that the teenagers get to have all the fun? We have decided to make the worship ministry of crucifer (the person who carries the cross) open to adults. If you are already a LEM, this could be a natural extension of that position, if you so desire. We will be holding training from 9-10am on June 11th. Please contact Mary Bea or Tara if you wish to participate or have questions.

### **Please consider...**

- »» becoming a coffee hour volunteer. Contact Allyson Agee, allyagee@bellsouth.net, if you can help set out coffee and cookies after the weekly church services.
- »» providing cookies for Beans & Rice. Sign up to provide cookies (store bought or home-made) and get all the details at: <http://holyspirit-al.org/volunteer-spot/>
- »» joining our pastoral care team. Contact Mary Bea.

### **\$2,000 Diocesan Grant**

Holy Spirit was awarded a grant from the diocese to support our summer feeding program. The funds will be used to buy books backpacks, food, locks for our parish hall doors, and activity equipment so our guests can have fun while they are here. Thanks to the Love in Action Team for making this fabulous outreach opportunity happen. Let's all participate in a meaningful way. Feel free to support with your own food, book, or monetary donations.

## *Thank you from Mary Bea*

- Rev. Alison Carmody, Mandy Golightly, and Tara Portney for tending to worship, pastoral care, and the business of the church in my absence.
- Mow Team the grounds look beautiful—that means you David Aldrich, Jason Portney, Adam Power, John Williams, Nick and Dominic Maruako, Doug Smedley, Bill Sorensen, Al Delchamps, David Faber, Buzz Palmer, Julio Campos, Mike and Michael Ghareeb. And Joe Logan for tending to the gardens.
- All of our fabulous Atrium, EYC, and Adult Forum volunteers—Chaed Agee, Marla Aldrich, Sabrina Atkinson, Katy Brooks, Bethann Campos, Alison Carmody, Janet Cooley, Al Delchamps, Eileen Dillbeck, Victoria Knierim, Malcolm Marler, Pam and Ryan Leonard, Emma, Tessa, and Toni Nash, & Caitlyn Spicer.

## *Diocesan/Local Offerings*

### **A Day on Addiction and Recovery, October 15<sup>th</sup>**

The Diocesan Department of Recovery Ministries is presenting *A Day of Addiction and Recovery* at St. Stephen's Episcopal Church October 15<sup>th</sup>. The program will feature keynoters Michael O'Keefe and Travis Meadows. There will also be break-out sessions focusing on families, addiction as a disease, young adult issues, and what's out there? The day will close with a Recovery Eucharist. Lunch will be provided.

### *Please pray for...*

**Bishops and Clergy:** Justin Welby, Archbishop of Canterbury; **Michael** Bruce Curry, Presiding Bishop ECUSA; **Kee** Sloan and **Santosh** Marray, Alabama Bishops; **Mary Bea** Sullivan, Rector; **Alison** Carmody, Priest Affiliate; **Malcolm** Marler, Priest Affiliate; **Stan** Wright, Priest Affiliate

**Diocesan Prayer Cycle:** Our companion dioceses of Alaska & the Virgin Islands & their bishops Mark & Ambrose; Department of Camp McDowell; *Alabama Episcopalian* Staff

**Ministries and Programs within The Church of the Holy Spirit:** Guidance for new Outreach opportunities

**For Nation and Local Community:** Barack Obama, President; Robert Bentley, Governor; Communities of Calera, Alabaster, Helena, Maylene, & Pelham

**For all people everywhere especially:** Refugees and those impacted by war

**Healing and Guidance for members, relatives and friends of Holy Spirit:** **Betty & Baylee** Marek; **Kelly** Wrightson (Janet & Buzz Palmer); **Linda** May, **Karen** Marshall, **Carl** Raymond (Allyson Agee); **Jo** Cochran (Judy Dykes); **Chris** Kent; **Harry, James** (Katy Brooks); **Donna** Mays (Glenda Jones);

**Christopher** McKay; **JT** Peterson (Val Autrey); **Braylee** Araujo; **Kim & Tom** (Katy Brooks); **Krista** McLemore (Olivia Araujo); **Aletha** Martin, **Shomarie** Chambers (Gladys McKay); **Norman** Jones, **Paul** Ingram (Sharon Greer); **Lee** Jackson (Julia Jackson)

**For those serving in the armed services:** **Hall** Graham (Julia Jackson)

**For all who have died,** may light perpetual shine upon them.

**Upcoming Birthdays:** Vivian Delchamps (5/30), Matt Roth (5/31), Toni Nash (6/7), Paul Clausmeyer (6/9), Carrington Wall (6/11), Jillian Wall (6/11), Michael Ghareeb, Jr. (6/12)

**Upcoming Anniversaries:** M.E. and Bill Spencer (6/8)

## *Financial Update*

### **Contributions**

Thank you for your generous support of our parish. Below is a summary of the contributions received during the week ending on Sunday, May 22, 2016.

Grant – Summer Feeding Program.....	\$ 2,000.00
Outreach – Beans and Rice.....	\$ 50.00
Pledged.....	\$ 3,477.00
Taste of the Spirit Purchases.....	\$ 110.00
Unpledged.....	\$ 124.00
Total Contributions.....	\$ 5,761.00

### ***The Episcopal Church of the Holy Spirit • Reverend Mary Bea Sullivan, Rector***

Tara's Office Hours: Tues, Wed, & Thurs – 8:30am to 2:30pm

Rev. Mary Bea's days off are Friday & Saturday (but may be reached for emergency)

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